

Resource Guide:

All counseling agencies listed below accept BCBS PEEHIP. Copays will range from \$30.00-\$45.00

Counseling:

Jackson County

Scottsboro Professional Counseling

605 E Laurel St. Scottsboro, AL 35768

(256) 999-0727

*Accepts BCBS PEEHIP

Health Connect of America:

501 Greenhill Blvd NW Ste. 155 Fort Payne, AL 35967

(256) 410-2750

*Accepts BCBS PEEHIP

Treatment specialization includes grief counseling, anger management, family counseling, and substance use.

Mountain Lakes Behavioral Healthcare

508 Gregory St. Scottsboro, AL 35768

(256) 259-1774

*Accepts BCBS PEEHIP

*Treatment specialization includes family counseling, family support and education, parenting skills training, individual counseling, group therapy, psychiatric evaluation, crisis intervention, case management, medication monitoring, basic living skills, evaluation and referral, rehabilitative day services, outreach services, telemedicine and treatment.

Voice of the Heart class (First United Methodist Church)

1105 S. Broad St. Scottsboro, AL 35768

(256) 574-2545

*Addresses depression and anxiety – every Wednesday at 6:30

Dekalb County

Dove ReNew

772 McCurdy Ave S. Rainsville, AL 35986

(256) 601-1064

*Accepts BCBS PEEHIP

*Treatment specialization includes individual counseling, marriage and family therapy, life coaching, substance abuse counseling, child and adolescent counseling, wellness coaching, emotion code therapy, and play therapy.

Limestone Behavioral Health Services

204 Alabama Ave SW Fort Payne, AL 35967

(256) 979-1777

*Treatment specialization includes ADHD/ADD, adjustment disorders, mood disorders, autism, major depression, bipolar disorder, ODD, PTSD, OCD, Schizophrenia, personality disorders, conduct disorders, generalized anxiety disorders, grief counseling, addiction counseling, and individual therapy.

Synergy Counseling Center

701B Gault Ave. N Fort Payne, AL 35967

(256) 979-1620

*Treatment specialization includes therapy for depression, therapy for anxiety, panic attacks and phobias, sexual and relationship problems, divorce, co-parenting, blended family issues, medical and health concerns, grief and loss, faith/spiritual issues, Christian counseling, pre-marital counseling, marriage counseling, work and career issues, stress management, anger management, addiction and recovery, attachment issues, parenting and family issues, conflict resolution, and life transitions.

Little River Counseling

207 Grand Ave. S Ste. B Fort Payne, AL 35967

(256) 229-2029

*Accepts BCBS PEEHIP

*Treatment specialization includes individual and family counseling for children, adolescents, and adults.

Madison County:

Hopesprings Counseling, INC

9064 Highway 431 S. Owens Cross Roads, AL 35763

(256) 725-3722

*Accepts BCBS PEEHIP

*Treatment specialization includes counseling for depression, anxiety, adoption/foster care, trauma and abuse, pre marital and marriage counseling, parent-child relationships, sexual issues, grief, PTSD, and equine assisted therapy.

Huntsville Professional Counselors LLC

(256) 945-0879

*Accepts BCBS PEEHIP

*Treatment specialization includes individual counseling, family counseling, marriage counseling, telehealth, and adolescent counseling.

Centered- Psychiatric and Counseling Services

100 Jefferson St. Ste. 300 Huntsville, AL 35801

(256) 858-1676

*Accepts BCBS PEEHIP

*Treatment specialization includes mood disorders, anxiety disorders, obsessive compulsive disorders, attention deficit disorders, trauma related disorders, adjustment disorders, emotional eating, and behavioral disturbances in dementia.

James Desta, LPC

201 Eastside SQ. Ste. 9 Huntsville, AL 35801

(256) 534-8161

*Accepts BCBS PEEHIP

*Treatment specialization includes depression, anxiety, addiction, mood disorders, and trauma.

Empowered Counseling LLC

120 Holmes Ave. NW Ste. 404 Huntsville, AL 35801

(256) 919-8223

*Accepts BCBS PEEHIP

*Treatment specialization includes diagnostic, treatment, and prescriptive services related to mental and behavioral disorders.

The Vine Pastoral Counseling Center

333 Franklin St. SE Ste. 300 Huntsville, AL 35801

(256) 270-7399

*Accepts BCBS PEEHIP

*Treatment specialization includes pre-marital counseling, spiritual counseling, family counseling, and individual counseling.

Lauren Self Counseling, LLC

600 Madison St. SE Huntsville, AL 35801

(256) 644-4005

*Accepts BCBS PEEHIP

*Treatment specialization includes divorce, anxiety, depression, and trauma.

Pearl Behavioral Health Services

115 Manning Dr. SW Ste. A202 Huntsville, AL 35801

(256) 886-8529

*Accepts BCBS PEEHIP

*Treatment specialization includes individual therapy, marriage therapy, family therapy, and grief therapy.

Safe Space Therapy and Consulting

604 Davis Circle SW Huntsville, AL 35801

(256) 578-7054

*Accepts BCBS PEEHIP

*Treatment specialization includes behavioral concerns, adapting to change/adjustment, and social skills for children. Adolescents/Teens/Adults: depression, anxiety, loneliness, self-esteem/self-worth, self-

harming, suicidal ideations, trauma, domestic violence/abuse, grief/loss, stress, adjustment, life transitions, work-life balance, loss of independence, and end of life counseling.

Red Bird Counseling

203 Eastside SQ STE 3 Huntsville, AL 35801

(256) 348-1563

*Accepts BCBS PEEHIP

*Treatment specialization includes individual counseling and EMDR (eye movement reprocessing and desensitization).

Blissfully Mind Behavioral Health

207 Eustis Ave. SE STE D Huntsville, AL 35801

(256) 364-5505

*Accepts BCBS PEEHIP

*Treatment specialization includes therapy for depression and anxiety, family counseling, parenting support, grief counseling, work and career issues, stress management, addiction and recovery, and conflict resolution.

Rocket City Counseling

120 Holmes Ave NE STE 400 Huntsville, AL 35801

(256) 665-9966

*Accepts BCBS PEEHIP

*Treatment specialization includes grief counseling, anxiety, depression, relationship issues, unresolved anger, parenting concerns and conflicts, play therapy and art therapy for children and adolescents, and caregiver stress.

Substance Abuse Resources:

Alcohol and Drug Abuse Treatment Center

2701 Jefferson Avenue SW

(205) 923-6552

Chemical Addictions Program (CAP)

1155 Air Base Blvd. Montgomery, AL 36108

(334) 323-3204

Bradford Health Services

1600 Browns Ferry Road Madison, AL 35758

(256) 461-7272

Huntsville Recovery Inc (methadone clinic)

4040 Independence Dr. NW Huntsville, AL 35816

(256) 721-1940

Marshall

Local substance abuse supports:

Celebrate Recovery

First United Methodist Church – Scottsboro, AL

*Every Thursday at 6:00

Family Life Center

211 S. Market St. Scottsboro, AL 35768

(256) 574-3448

Family Wellness Court

102 East Laurel St. Ste. 302 Scottsboro, AL 35768

(256) 574-9355

Mountain Lakes Behavioral Healthcare

508 Gregory St. Scottsboro, AL 35768

(256) 259-1774

The Bridge

100 7th St. NE Fort Payne, AL 35967

(256) 845-7767

Grief support groups:**Heartline Hospice Alabama** (open to public)

111 E Laurel St. Scottsboro, AL 35769

(256) 574-5747

*2nd Tuesday every month at Heartline Hospice 3:00pm.

Southern Care New Beacon Hospice (open to public)

1602 S. Broad St. Scottsboro, AL 35769

(256) 574-4622

*2nd Thursday every month at The Rec Com 9:00-10:30am.

First Baptist Church

600 Governors Dr. Huntsville, AL 35801

(256) 428-9400

*Tuesdays at 5:30pm

Whitesburg Baptist Church

6806 Whitesburg Dr. Huntsville, AL 35802

(256) 881-0952

*Wednesdays at 6:15pm

Mayfair Church of Christ

1095 Carl T. Jones Dr Huntsville, AL 35802

(256) 881-4651

*Wednesdays at 6:00pm

The Rock Family Worship Center

3401 Holmes Ave. NW Huntsville, AL 35816

(256) 533-9292

*Sundays at 3:30pm

Farley Community Church

12302 Bell Rd SW Huntsville, AL

(256) 880-3878

*Wednesdays at 4:30pm

[Domestic Violence Resources:](#)

Crisis Services of North Alabama

132 E Peachtree St. Scottsboro, AL 35769 & 208 Exchange Pl NW Huntsville, AL 35806

(256) 574-5826 | (256) 716-1000